

How to use Pedal Buddy Instructions



Step 1: Hold the broom handle near the top. You should have a comfortable hand position. This will vary depending on the height of the instructor.



Step 2: Insert the peg from the assembled Pedal Buddy into the side hole of the bicycle pedal. If your pedal doesn't have a side hole, you'll have to change the pedal. See *How To Replace a Bicycle Pedal Instructions*. (Replacement pedals sold separately)



Step 3: Assist the student with the pedalling motion (forward rotation). As the student progresses and they require less assistance you can insert and remove the peg from the side of the pedal as needed.

How To Replace a Bicycle Pedal Instructions

[How to Replace Bike Pedals: 12 Steps \(with Pictures\) - wikiHow](#)